

OFFICE OF THE DIRECTOR- CUM-MEDICAL, SUPERITENDENT,  
MENTAL HEALTH INSTITUTE, S.C.B MEDICAL COLLEGE HOSPITAL, CUTTACK.  
Tel.No.0671-2414359, Email-mhi.cuttack@gmail.com

No 2562 /MHI

Date: 30.09.2024

To,

The Director,  
IPSAR, Cuttack.

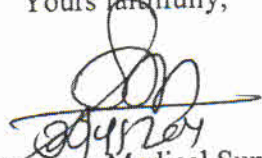
Sub: - Awareness and Sensitization Program on Work and Study Stress Management and Mental Health through the Tele-MANAS (14416) Service, On the Occasion of World Mental Health Day-2024.

Sir/Madam,

With reference to the subject cited above, I am to inform you that Ms. Smita Mohanty (PSW) and Apsari Ananya (CP) along with Tanayarani Mishra, Sonali Priyadrasini Swain (Counsellors) & Sudhnansu Swain (Attendant) will visit to your esteemed Institution to conduct an awareness on the topic "Enhancing Work-Study Balance: Effective Stress Management and Mental Health Solutions through Tele MANAS" for both the faculties and students on dt.03.10.2024 at 11AM .

This is for your kind information and necessary cooperation.

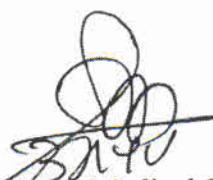
Yours faithfully,

  
Director-cum-Medical Superintendent,  
Mental Health Institute, SCB MCH, Cuttack

Memo No 2563 /MHI

Date 30.09.2024

Copy forwarded to Dr.Pallabi Sahu, Asst.Prof.Psychiatry, MHI SCBMCH, Cuttack cum IC Tele Manas Cell & Mentoring Institute, /Tele-Manas Cell Person concerned by using the rescue team vehicle of MHI bearing Regd No. OD05-BH-8704 ( Narasingha Kumar Soy- MobNo-9178455602 ) for information and necessary.

  
Director-cum-Medical Superintendent